

Arizona
Foothills

tucson

STYLE
SUBSTANCE
SOPHISTICATION

YOUR
BEST
YOU
NOW

*Wellness &
Healing:*
4 *Ways*

**TUCSON'S
BIOSCIENCE
BREAKTHROUGHS**

GET FIT
(OUTSIDE
THE GYM)

**+ SAM FOX SHARES HIS
SECRETS TO SUCCESS**





Cover

Twelfth Street by Cynthia Vincent peacock deep V-neck silk tank (worn backwards), \$165.
Twelfth Street by Cynthia Vincent white linen wide-leg trousers, \$250. Avenue Boutique, 6536 E. Tanque Verde Rd., 520.886.3818. **L.A.M.B.** Daisy patent pumps with black stitching, \$285. Stems a Shoe Boutique, 4340 N. Campbell Ave., 520.615.1404. **Moonlight Infused Jewelry** clear quartz crystal necklace, \$70. **Moonlight Infused Jewelry** quartz crystal mala bead necklace with crystal pendant, \$60 (pendant additional). www.moonlightinfusions.com. Photographed by Werner Segarra. Hair/Makeup by Diane Aiello, assisted by Ellen Laux. Location: Loft 19 Studios. Model: Nous Model Management.